

I remember a time when I remembered things...



NP Positive Ageing, **JULY 2023** Newsletter 102

Kia ora, Talofa lava, Kia orana, Malo e lelei, Fakalofa lahi atu, Talohani, Bula vinaka, Ni Hao, Namaste, Greetings...

Editorial: Housing options for older adults...

Chair's message...

Lance Girling-Butcher



Home, at least in emotional terms, is where our hearts should be. Generally, in New Zealand, that's how it is. For most of the population, it's where we live with a partner, children, pets, and the treasures of a lifetime.

Sadly, for a growing number of ageing New Zealanders, this is no longer the case. Circumstances, finances and physical, and mental handicaps are forcing a growing number to move into retirement accommodation or other options. A rapidly expanding ageing population has provided an array of options, many of which are complicated indeed.

It's not unexpected. In fact, the bulge in the number of over 65s has been predicted for years, it's just that it seems to have caught a lot of people napping and suddenly it's becoming a significant social problem. In the scramble to sort out the needs, some of the most vulnerable are being left confused, bewildered and socially isolated.

In a bid to get some clarity...

Positive Ageing, Grey Power and Age Concern are inviting a group of experts to a free educational forum in the New Plymouth District Council debating chamber on July 13 from 9.30-11am.

Speakers will include Brian Peat, National President for Retirement Village Residents Association, Suzanne Mortensen, Senior Team Leader of Community Support Services at Te Whatu Ora Taranaki (formerly the TDHB) and Helen Gaudin, Senior Case Manager for Older Adults at the Ministry of Social Development (MSD).

We will examine the whole spectrum from people staying in their homes with outside assistance, to retirement villages, rest homes, dementia care and other refinements.

Selling the family home of a lifetime can be a highly emotional and complex change, made all the more confusing by the range of options and the complex finances involved.

Top of the range retirement villages and serviced apartments are not

cheap and impossible for those who do not own their own homes, or have the finance to buy. Those with few savings may, in some cases, be entitled to government subsidies, but again, this is a complex situation. Communal living can be a rewarding and healthy option, but it sometimes takes some encouragement for older folks to understand this. Usually there's some resentment and unhappiness until things settle down.

At this free public forum, we hope to explain the options, and let people know where to go to get good advice be able to enjoy what should be one of the most peaceful and happy times of anyone's life.

Together, we can, and do, make a difference.

Lance Girling-Butcher, Chair
027 273 8066.

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A Newsletter for those interested in improving the quality of life for all persons in Taranaki

Please note: The views/opinions expressed in this newsletter may not necessarily reflect those of Positive Ageing



Taranaki Kowhaiwhai panel - The Hammerhead shark, Mangopare - 'keep positive, see it through'

"Positive Ageing—Taupaenui" is edited by Gordon Hudson. Ph 06- 753-9815 or email gordonandjanr@xtra.co.nz



**RNZ
NATIONAL**

Well, if you cannot trust Radio NZ for up to date accurate news - who can you trust?

The recent discovery by Radio NZ that a staff member had been changing the news on items on their website came as a complete surprise to management - despite it going on for a number of years! What sort of checks and reviews did the corporation have on the accuracy of its news content? Any at all? Will we be needing to check our watches when Radio NZ states the time?

In particular, the staff member concerned, who was immediately stood down altered the news to reflect positively on Russia's involvement in its war on Ukraine, as well as other international news. The Ukraine war, apart from that 'orange menace' Trump in the USA, is the biggest, most sensitive and horrific news story of our decade. To think that this staff member could alter so many stories, the exact number is still unknown, and escape the scrutiny of management, including political oversight is hard to understand. To believe that for five years, Radio NZ were not advised that something was seriously amiss with their news content is hard to believe. That they did nothing about it in all that time beggars belief.

Traditionally, there has been a high rate of trust in Radio NZ to deliver factual news. That trust has been abused.

There is so much fake news around in so much of the media, the last thing listeners want is to have to question the validity of our foremost radio producer. Sadly, Radio NZ has added to this mistrust.

Radio NZ is treating this issue very seriously and will keep the public informed of progress - as they should. But it will take a long time before avid listeners and supporters of Radio NZ, such as myself, will feel confident that our much loved and formerly trusted news source wins back our confidence and our trust.

Opinion: Gordon Hudson.

Access Radio... supporting Positive Ageing with a regular weekly programme...

'Positively Ageing' is an initiative between long-standing community based entities - Access Radio, Positive Ageing NP and Driving Miss Daisy.

Each Monday morning from 10 - 10.30am, Positive Ageing will have a 30min time slot on Access Radio Taranaki to promote aspects of 'positively ageing'.

July 10 and 17: Gordon Hudson interviews former NPDC Chief Executive Kinsley Sampson. These two sessions will be repeated on July 24 and 31.

Kinsley Sampson was Chief Executive of the NPDC for 22 years. He also served as National Chair of Council Chief Executives and was Chair of the International body of Chief Executives and was recently honoured with life membership for his contribution on the international stage.

Kinsley has also served 50+ years with Puke Ariki and Govett Brewster and has been a long term member of the NP Brass band as well as numerous other organisations.



Sponsored by: Driving Miss Daisy, Taranaki Phone: 027 773 3286.

Positive Ageing NP is proud to be supported by:

COGS: Community Organisations Grants Scheme, Ministry of Social Development, New Plymouth District Council, the TOI Community Trust and the NZ Lotteries Grants Board.

We are most grateful for their ongoing support.

NPDC Consultations...

The Council is keen to hear from you. The plan is full of ideas that need further discussion from the wider community.

It is our opportunity to give the plan some consideration and provide some input into the decision making process. If we do not participate when invited to do so, we can hardly complain if we don't like their decisions.

Sadly, the Council has only an online process so you will, as an older adult, have to have a computer and computer skills to complete the so-called consultation process.

Google NPDC - Survey and click on 'Gimme five'. You could win a \$300 prize.



Rates rise stays at 12.4%...

Despite the forthcoming shock from the recently completed (though 6 months late) land valuations from Quotable Value, the Council was determined to stick with its March council meeting decision for an increase of 12.4%.

But with new land valuations from Quotable Value, many people will have to pay, potentially significantly more. Only about 15% will have little or no increase. That means that 85% will have 5% or more with some properties being revalued for a 100% increase.

How people on fixed incomes from pensions or other benefits and for people currently renting, can afford this increase in expenditure is anybody's guess, but a fair assumption will be that even more residents will find themselves firmly in 'Struggle Street'.

While a few councillors called for a major rethink of the rates hike, their voices were overwhelmed by the majority choosing to stick with the 12.4%.

What ratepayers will think about this amount will be determined when they receive their next rates bill based on the new valuations on their property. New City Councillor, Max Brough, stated that he suspected ratepayers will be sharpening the tines on their pitchforks and marching on Council. Judging by the mood of many of those attending the Council meeting that agreed to the rate rise, he may have a point or three.

The job of being a city councillor is not an easy one. Most have their constituents at the forefront of their minds when setting rates that are considered essential to improve the city's infrastructure.

Tough times ahead.

Opinion: Gordon Hudson.

The Rates Rebate Scheme...

This provides a subsidy to low-income homeowners on the cost of their rates. The scheme is particularly useful for retirees on fixed incomes who might have financial difficulty staying in their homes.

If you have a low income and pay the rates on your home, you could get a rebate of up to \$700 (as at September 2022). Rates rebates are administered by local councils and paid for by central government.

If your gross (before tax) income is \$28,080 or less you can often claim the full amount (as at September 2022). If your income is higher than this, you may still be able to get all or part of the rebate depending on how much your rates are, and how many children or other dependents are in your household.

Talk to the Department of Internal Affairs to see if you could be eligible by calling 0800 25 78 87.

If you receive a benefit from Work and Income you may also like to talk to Internal Affairs about the benefit rates for the current tax year and the minimum rates available in order to receive the full rebate, or a portion of it.

Feel free to chat to the NPDC regarding a potential rates rebate. They will also have available the necessary application form.

What is it with all these Council overruns on projects?

It seems that every week, the Taranaki Daily News reports on another costly overrun on initial prices agreed upon.

The water meters seem to have blown the budget by some six million resulting in many water meter installations to be postponed for another year. Evidently, the meters worked out to be more expensive to install than at first thought. The thinking needed to be done in the first place.



The removal of the trees in Devon Street is set to treble the cost of just three years ago when the budget allocation was less than \$200,000. Getting down to the root of the matter. What? Were they too deep?

The Hub Play Park project seems to have become so much more expensive than at first budgeted for that it may never be created. No funds for fun.

It seems that the Council employ some very talented engineers and other essential professionals but somehow, there seems to be always a new reason for escalating cost overruns.

We are all aware that similar situations are occurring at national level as well as locally, but surely, there must be enough experience and financial expertise on the Council, be they staff or councilors, to ensure that such extensive cost overruns are the exception rather than the norm.

Opinion: Gordon Hudson.



Getting boosted is the best way you can support your own health, that of your family/whanau, other friends & your wider community.

0800 237 829



WHAT CONSUMES YOUR MIND, CONTROLS YOUR LIFE.



**Community House
32 Leach St (next to YMCA)
New Plymouth**

**06 758 9542
0800 FOR CAB (0800 367 222)**

**newplymouth@cab.org.nz
www.cab.org.nz**

Housing, or lack of...

Community Housing Action Taranaki Chair, Brian Eriksen, cannot, like so many of us, understand how the desperate need for social housing has been allowed to continue for so long, with so little progress. Eriksen's frustration is palpable. He is dealing with the sharp end of the local housing crisis.

The present situation has created long term stays for families in motels, originally planned as a stop gap measure until suitable accommodation was available. But obtaining suitable accommodation in Taranaki remains a serious issue.

All the relevant parties, Kainga Ora (Community Housing) New Plymouth District Council, Ministry of Social Development, other key players have endeavoured to tackle the problem of inadequate housing for low income families and the increasing number of older adults unable to pay current rentals. There is currently a study by these groups to ascertain the degree of the problem and plan viable options for the future. The need for urgency is patently obvious.

Current rentals in Taranaki have had the highest increase in rental rates than anywhere else in Aotearoa New Zealand. A 14.8% increase in the past year. When the already needy get desperate, there is always a segment of the population keen to take advantage.

To add to the dire situation is the one year delay on the Kainga Ora social housing development opposite Pak n Save. This was meant to be available mid 2023. That has now been pushed out to mid 2024.

You can put your last dollar on the bet that landlords will see this as yet another option to push up their profits - at the expense of the most financially vulnerable in our community.

There is a good deal already happening and there is hope for the future but, even in the eyes of the wider community, progress is at a snails pace. How those most affected at the sharpest end of the housing crisis will cope is hard to imagine.

Opinion: Gordon Hudson.



Banned



Alternatives

As from the 1st July 2023 Single-use plastic produce bags...

The ones you put your fruit and vegetables in at the supermarket – will become a thing of the past. Good grief... that has certainly crept up on some of us.

Put simply, single-use plastics are goods that are made primarily from fossil fuel-based chemicals (petrochemicals) and are meant to be disposed of right after use—often, in mere minutes. Single-use plastics are most commonly used for packaging.

Plastic is an ever-present part of our lives. But it is often not disposed of correctly and ends up in the environment, breaking down into micro plastic pollution. This is a growing problem in our freshwater and marine environments.

We, as older adults, can do our part to remember to take our own packaging for fruit and vegetables etc.

Hearing Therapy...



Are you hearing everything that is said to you? Would you like support for communication with whānau?

We are a trusted, free and independent service for all New Zealanders aged 16 years and over that can help you live well with hearing loss.

Our office is based in New Plymouth Central, operating Mon-Thurs and now running monthly clinics at the North Taranaki Community House in Waitara, and in the Work and Income building in Hāwera.

For an appointment phone 0800 008 011 or 021 469 170 or visit www.yourwaykiaroha.nz

**DON'T BE
AFRAID
TO FAIL.
BE AFRAID
NOT TO
TRY**

**Laughter is like a
windshield wiper,
it doesn't stop the
rain but allows us
to keep going.**



Bizwaremagic's Funny Quotes



Taranaki Kowhaiwhai panel - The Hammerhead shark, Mangopare - 'keep positive, see it through'

Te Whatu Ora

Health New Zealand

Taranaki

This Consumer Advisory Council, with a membership of sixteen, was established by Te Whatu Ora, Taranaki almost a year ago. It comprises eight Maori and eight Non-Maori. Nevertheless, they are keen to hear about health issues, be they positive or negative.

Older adults are not adequately represented at Te Whatu Ora Taranaki. Only one member (then aged 65) was aged 65 had been appointed to the Council, despite the huge demand for services for older adults. People under 65 years cannot reasonably represent people aged 75, 85 or 95... for they have yet to experience, at first hand, the many health difficulties and issues associated with older adults.

Efforts to promote more dialogue with the parties have, to date, failed. This, despite numerous issues associated with GP practices withdrawing support for residents of rest homes, despite the decreasing numbers of GPs in Taranaki wishing to focus on the health-care of older adults and despite the fact that 95% of the 100 plus deaths from Covid-19 in Taranaki have been for older adults 65 years and older. The list goes on.

Te Whatu Ora Taranaki's Consumer Advisory Council needs to be representative and adequately resourced to be effective. At present, its members seem to be as frustrated as the people they are meant to represent.

Opinion: Gordon Hudson.



I asked Artificial Intelligence (AI) to provide me with an article regarding the lack of representation of older adults on the the Te Whatu Ora Taranaki Consumer Advisory Council, I then asked AI to write a poem that reflects the situation The response from AI arrived in about 3 seconds. Ed.

*In Taranaki's land, where voices convene,
A tale of absence, a void in between.
A committee assembled, but something amiss,
No representation, a concerning abyss.*

*Wisdom's keepers, with years they embrace,
Older adults, their stories and grace.
But in this council, their voices unheard,
Ageism lurking, a whispered absurd.*

*In Te Whatu Ora's advisory fold,
No seat at the table, a story untold.
The richness of time, experiences vast,
Overlooked and disregarded, a grievous contrast.*

*Recruitment's whisper may have missed the mark,
Leaving elders adrift, lost in the dark.
Did they not seek, or were they unseen?
The reasons unclear, an exclusion obscene.*

*Perhaps priorities misjudged, a skewed view,
Ignoring the value elders imbue.
Their challenges, triumphs, and lessons learned,
Lost in the shadows, where concern is spurned.*

*Resource constraints may tighten the thread,
But inclusivity should not be shed.
Reach out, engage, bridge the divide,
For a committee incomplete, will never truly abide.*

*Let knowledge blossom, like flowers in spring,
Seek older hearts, let their presence sing.
Embrace their perspectives, their wisdom and might,
For unity in diversity brings forth a greater light.*

*In Taranaki's land, let ageism subside,
With empathy and respect, let inclusion preside.
Rekindle the flame of equal regard,
And weave a tapestry where all hearts are starred.*

SOME DAYS I
AMAZE MYSELF.

OTHER DAYS
I LOOK FOR MY
PHONE WHILE I'M
TALKING ON IT.

*'Why don't they get a digital clock?
Then we could see the date change as well.'*



*'If you want a second opinion, come back tomorrow.
I might have changed my mind by then.'*



Strength and Balance classes

Participants not only benefit physically, but socially as well.



For further information please see www.livestronger.org.nz or contact Hilary Blackstock via email:

hilary.blackstock@sporttaranaki.org.nz
Telephone: 021-480-180

Waimanako: The Hope Centre...



Taranaki's kai and support hub. Naumai, haere mai, welcome to "Te Huinga, the Gathering". It is part of Taranaki Retreat—supporting people going through challenging times. A real community support.

The Hope Centre is based at 33 Devon Street West, from 9am - 9pm, 6 days per week. There is also an excellent range of food and beverages for a koha.

Waimanako/Hope Centre is a Pop-In Support Hub - here to help people through the tough stuff. A good safe place for all. The retreat also offers a peaceful residential space to recover.

Help the Taranaki Retreat help others. If you would like to know more—contact the Retreat: 06 215 0993



JULY Activities NP

AQUA WALKING:

Tuesday: 4, 11, 18, 25: 10-11am
Great for improving stability and fitness. Held at the Methanex Pool, Bell Block. Cost \$3. Please register with Pauline prior to entering the class. 759 9196.

MONTHLY OUTING:

Wednesday 5 July...
Meet at The Age Concern Taranaki from 11am onwards for a 'takeaway Day'. Again—confirm your attendance by ringing Pauline.

WARM UP WEDNESDAY: 12 & 26:

Held at Age Concern Hall, 33 Liardet St. 10-12noon. Fun with music finishing off with light refreshments. Gold coin appreciated.

DROP IN CAFÉ / SOCIAL MORNING: Thursdays 9.30-11.30am.

Held at Age Concern premises. Varied programmes.

IN TUNE WITH INGLEWOOD:

Thursday 13 & 27: 1.30-3.30pm.
Mamaku Centre for a great afternoon of fun. Gold Coin donation.

WHAT'S ON in WAITARA:

Every Friday 7, 21 and 28:
Senior Citizen's Hall (Fun with music. 8 Warre Street. Gold coin or koha appreciated.

COASTAL CONNECTIONS OKATO... Tuesday 4 JULY:

1.30pm—3pm: Social event with activities for everyone—Hempton Hall Supper Room. Afternoon tea provided.

TOMORROW'S MEALS...

Convenient frozen healthy meals available for purchase daily. Deliveries on Friday by arrangement for a \$5. fee. Purchase during office hours. Mobile Eftpos available. contact Pauline Julian, Age Concern Service Connector—North Taranaki. 06 759 9166.



Jazz anyone?

Sunday, July 2 sees Wellington's acclaimed duo Oscar Laven on clarinet and Adrian Jensen acoustic guitar playing Parisian Swing in the style of Stephane Grappelli and Django Reinhardt.

Doors open 3.45pm at The New Plymouth Club, Gill St for a 4.30pm start. General Admission \$30, NP Club members \$25, Jazz Club members \$20. All very welcome...

When I get a headache I take 2-3 aspirins and keep away from children, just like the bottle says

Positive Ageing NP



Your 2022/23 committee is:

Co Patrons - Peter Tennent
John Major

Chair - Lance Girling-Butcher
Deputy Chair - Wally Garrett
Secretary - Stephanie Hansen
Treasurer - Jean Graham
Committee - Richard Andersen, Brian Eriksen, Gordon Hudson, Kate Knuckey and Margaret McCall.

Newsletter - Gordon Hudson

www.positiveageingtrust.org.nz
Email: nppat@gmail.com

I keep hitting
"Escape"
but I'm still
here.

www.etsy.com/shop/kohaku16



Taranaki Kowhaiwhai panel - The Hammerhead shark, Mangopare - 'keep positive, see it through'

Quips and Quotes from the NZ Listener...

"Reality leaves a lot to the imagination."

John Lennon.

"It is one of the blessings of old friends is that you can afford to be stupid with them."

Ralph Waldo Emerson.

"The first resistance to social change is to say it's not necessary."

Gloria Steinem.

"You must plan to be spontaneous."

David Hockney.

"One of the disadvantages of wine is that it makes a man mistake words for thoughts."

Samuel Johnson.

"Research is formalised curiosity. It is poking and prying with a purpose."

Zora Neale Hurston.

"It is sad to grow old but nice to ripen."

Brigitte Bardot.

"People call things 'vulgar' when they are new to them. When they have become old, they become 'good taste'."

Mary Quant.

"A poet can survive everything but a misprint."

Oscar Wilde.

"If you cannot do great things, do small things in a great way."

Napoleon Hill.

"If opportunity doesn't knock, build a door."

Milton Berle.

"You cannot shake hands with a clenched fist."

Indira Ghandi.

Unsure where your next meal is coming from?... Here are some options...

Daily—(except Sunday) 10am-9pm
Waimanako Taranaki Retreat Hub, 33 Devon St Plaza
(suggested koha)

Sunday - Supper - City Life Church. 24 Egmont St (old RSA)
Dinner 5.30pm—2 course meal.

Monday - On the House—24 James St, Presbyterian Church, 24 Lawry St. Moturoa 5-6pm
(redistributing quality surplus food—bring a bag)

Monday, Wednesday and Friday—**NP Community Food Bank**, 40 Vivian St, (behind Peace Hall) 12.30-2pm. 06 758 2757.

Tuesday—Taranaki Cathedral Community Breakfast, opposite the Cathedral Church, 37 Vivian St, in the Peace Hall 7.30—10am - last orders at 9.45am.

Tuesday— St Joseph's Catholic Church Hall on Devon St (down from the clock tower) Weekly dinner 5.30pm for 2 course meal.

Tuesday and Thursdays— Salvation Army Foodbank, cnr Powderham and Dawson St— Tuesday and Thursday 10am—12 noon. For appointment, please ring 06 758 9338.


Thursday—On the House, redistributing quality surplus food. 5pm—6.30pm at 10 Henui St Community Hall next to the Holy Trinity Church.

If anyone knows of other services—please contact me if you would like your service included.

Gordon Hudson: 021-133-7244

Common sense is like deodorant. The people who need it most never use it.

~ Bill Murray

 Bizwaremagic's Funny Quotes

THE good CAFE

The café where you can enjoy a delicious breakfast served by loving volunteers, and do a good deed by donating generously for your breakfast.

Based at St Mary's Church's Vicarage, the atmosphere is welcoming, warm and busy with people from all walks of life enjoying great food and being able to support local, national and international humanitarian causes.

The minimum suggested koha is \$2 per item. Although blessed with a wonderful team of volunteers, who give generously of their time, they still need to purchase the food and beverages so appreciate people's honesty and generosity.

The Good Café appreciates that some people are unable to donate. This is fine. You are still welcome to enjoy breakfast.

If anyone would like to make a donation towards the running of the café, please contact Jen (06) 758 311.


Tuesday mornings

7.30—10.00 am
(Last orders at 9.45am)

This café is in its 10th year and has raised over \$100,000 for local and overseas causes.

A big thank-you to all those supporting this initiative, whether as a diner or volunteer.

I really don't mind getting old, but my body is having a major hissy fit.

 For More Funny Quotes Visit:
www.bizwaremagic.com



Thinking about going into a Retirement Village, Rest Home or Care Facility?

Positive Ageing New Plymouth, Grey Power and Age Concern have combined to invite:

Brian Peat, President of the Retirement Village Residents (NZ), supported by...

Suzanne Mortensen, Senior Team Leader of Community Support Workers at Te Whatu Ora Taranaki ((formerly TDHB) and

Helen Gaudin, Senior Case Manager at MSD to share their expertise sharing their expertise.

Information and advice available to people thinking of moving into independent units/villas, independent apartments, serviced apartments and other options.

Come along and find out everything you need to know about taking the next step.

THURSDAY, 13th JULY

**NP District Council's Debating Chamber
9.30am—11am.**

(Please note: There will not be a free bus service to and from the racecourse)

This is a FREE public event.

There will be coffee, tea, etc available before the meeting commences and when it concludes.

Sponsors:



Grey Power
158 Tukapa St.
06 757 5885

With, once again, the grateful support of the NP District Council and of course our wonderful presenters.

ACTIVE IN AGE

Promoting health-improving activities for the 50 plus... every Tuesday 10 a.m. – 12 noon at the TSB Stadium. \$5.00 entrance fee.

Programme includes:

½ hr keep fit exercises, morning tea, then a choice of: marching/walking, stretch & flex, indoor bowls, tai chi, line dancing.

Contact: Joy Marshall for any enquiries on (06) 758 4874



Some useful Contacts: Courtesy of MP Glen Bennett...

Age Concern NZ	0800 652 105
Alcohol Drug Helpline	0800 787 797
Alzheimers NZ	0800 004 001
Asthma & Respiratory Foundation NZ	0800 100 506
Arthritis NZ	0800 663 463
Banking Ombudsman Scheme	0800 805 950
Births, Deaths & Marriages	0800 22 52 52
Broadcasting Standards Authority	0800 366 996
Cancer Society	0800 CANCER (226 237)
Citizens Advice Bureau	0800 FOR CAB (367 222)
Deaf Aotearoa	0800 332 332
Driver Licensing	0800 822 422
Utilities Disputes (Was Electricity & Gas Complaints)	0800 223 340
Elder Abuse Response Service	0800 326 68 65
Enable NZ	0800 ENABLE (362 253)
Grandparents Raising Grandchildren	0800GRANDS (472 637)
Grey Power	0800 473 979
Health & Disability Commissioner	0800 112 233
Kainga Ora	0800 801 601
Inland Revenue (Te Tari Taake)	0800 775 247
Insurance & Financial Serv. Ombudsman	0800 882 202
Lifeline	0800 543 354
Motor Vehicle Licensing & Registration (Waka Kotahi NZ Transport Agency)	0800 108 809
National Network of Family Violence	027 694 1051
National Poisons Centre	0800 764 766
Office for Seniors	(04) 916 3300
Ombudsman	0800 802 602
RSA	(04) 384 7994
Independent Police Conduct Authority	0800 503 728
Privacy Commissioner	0800 803 909
Blind Low Vision NZ	0800 24 33 33
Bond Enquiries (Tenancy Services)	0800 737 666
Tenancy Services	0800 836 262
Victim Support	0800 VICTIM (842 846)
NZ Aged Care Association	(04) 473 3159
Retirement Villages Association	(04) 499 7090

Political electioneering... Something to enjoy - or dread...

Every election seems to be hailed as a critical election. I don't know about critical, but certainly, decisions made at the ballot box determine in what direction the country will go.

Positive Ageing NP, Grey Power and Age Concern will again be promoting a free public forum for older adults to hear the local candidates promote their party's manifesto, and of course, themselves.

Thursday 28th September 1.30—3pm at St James Church, Lawry St., New Plymouth.

This is always a popular forum so do get their early.

Sponsors:



Grey Power
158 Tukapa St.
06 757 5885



Taranaki Kowhaiwhai panel - The Hammerhead shark, Mangopare - 'keep positive, see it through'