

Mental Health Matters...

You are warmly invited to attend a free public forum on...

Anxiety, Depression and Stress in Older Adults

Sadly, an increasing issue ...

*This forum will be held on
Thursday 17th October, 9.30 – 11am
at the NPDC Debating Chamber*

*Presenters are from the Mental Health Services for Older People
at Te Whatu Ora—Taranaki (formerly the Taranaki DHB)*

Dr Tyrone Taufaga-Godinet—Psychiatrist

Dr Lisa Baker—Clinical Psychologist

Beth West—Occupational Therapist

*Do come along and hear what those responsible for assisting those needing
mental health services in Taranaki.*

There will NOT be a free shuttle bus from the TSB Stadium at the Racecourse and returning after the meeting.

There will be coffee and tea available.

This is a free public forum. There is no need to register.

Sponsored by ...



Grey Power
158 Tukapa St.
06 757 5885

**NP Positive Ageing, Age Concern Taranaki and Grey Power.
And, of course, the New Plymouth District Council.**